

“Building Our Sense of Community”

# Shelton State Courier

—Campus Newspaper—

New Series Vol. 3, Number 16 Shelton State Community College Oct. 28, 1999—Nov. 10, 1999

## Lords of the Rings!



The 1998 junior college Div. II golf victors received their championship rings in a ceremony in the atrium on Oct. 22. Showing off their hardware are team members (L-R) Jeff Yokel, Chris Jones, Junpei Okuda, Matt Malone, Nick Bamber, Danny Germiane, Drew Jones and Jason Dillard

## Biology begins teaching on-line

By Charlie Parish

The new millennium is just two months away. When the year 2000 is thought of, what promise of new technology comes to mind? The new millennium is described in terms of flying cars, shopping by computer, and Biology-on-line. Class on line is the new wave of the future. At least it is new at Shelton State.

Headed up by biology instructor Sara Brenizer, this class is the first on-line course offered at Shelton. The course is designed for students who are self motivated and who have very busy schedules. Brenizer stated that the course, is very user friendly. Brenizer jokingly said, “I have trouble with computers, but the on-line class is very easy!”

The class is Bio-101, bi-

ology for non-majors and was offered this fall semester at Shelton. It covers historical studies illustrating the scientific method, bio-energetics, cell reproduction, cellular structure, Mendelian and molecular genetics, and the survey of human organ systems.

The on-line class is a prerequisite for Introduction to Biology

On-Line cont'd on pg. 3

## Courier millennium essay contest offers writers fabulous prizes

What will the next thousand years bring to humanity? Will it be feast or famine? Should we look ahead with dread—or with joyous wonder?

Will we all be obliterated by nuclear or biological weapons? Or might we—through genetic engineering and other miraculous medical breakthroughs—quite literally be around when the next millennium comes?

“What do you think the future will bring?” asks Kim Eaton, the editor of the *Courier*. It was her idea to get students, faculty—the whole community—involved in thinking about the future and in putting those thoughts down on paper.

The *Courier* is sponsoring the Third Millennium Essay Contest: When Tomorrow Becomes Today.” Essayists must submit manuscripts from 800-1,200

words long. A panel of distinguished judges will select the essay that is the most-thought-provoking concerning what the future may bring.

Essays should be mailed with the author's identity indicated separately on an index card along with the title of the submitted essay. The mailing address is **Third Millennium Essay Contest**

**Shelton State Courier**  
9500 Old Greensboro Rd.  
Tuscaloosa, AL 35405

The first-place winner will have his or her essay printed in the last issue of the *Courier* for the fall semester on Dec. 11. The winner will also receive several prizes. Donations of prizes collected so far come from Cypress Inn, FoxFire Grill, Taylorville

Essay cont'd on pg. 3

## Be Like Michel!

Michel de Montaigne (1533-92) is considered the father of the modern essay. His *Essays* were little gems of thought about the world around him. The great 19th century essayist Matthew Arnold admired Montaigne's work and described them “the dialogue of the mind with itself.”



Sheltoniana Which Can  
Be Found Nowhere Else

### Inside

Editorial, pg. 2  
Keep Looking Up, pg. 2  
Entertainment, pg. 4  
Buccaneer Sports, pg. 6  
Club News, pg. 7  
Shelton News... Throughout

Look for the sales,  
discount coupons, and  
special notices in the  
*Courier's* ads

These companies are our  
special friends. Let's  
support them!

For advertising  
information call the  
publisher at 391-2278

## Soccer team's difficult season reflects recurring issues in women's athletics

Team manages three wins during difficult transitional season

By Sabrina Williams

The Shelton women's soccer team ended the season on a note, but with three wins (as opposed to

none last year) and a positive outlook for next year. “Overall, the season was a success,” according to Coach Nellie Barnes. “The women had to overcome adversity of not having enough players to field a team in the beginning.”

The team's growing pains started with team members quit-

ting and the coach literally looking for bodies to make up a squad of 11 players. “We won three more games than last year but a lot of the time the girls did not perform up to their potential,” says coach.

There were contributing fac-

Soccer cont'd on pg. 6





### A Family Thing

The family and friends of Dr. Rickey B. Harrison showed up in impressive numbers at Shelton on Oct. 22 to dedicate the president's conference room. Now named the Dr. Rickey B. Harrison Family Conference Room, the impressive facility serves as a central location for the meeting of college and community. Sharing their family with Shelton's was (L-R) Dr. Harrison, Sherry Harrison and Kimberly Harrison and Shelton President Tom Umphrey. Not present was Heatherly Harrison.



### They made it fly!

Three of the people at Shelton who worked to make the first national championship at Shelton possible were (L-R) former golf coach Jim Collins, Dean of Students Humphrey Lee and President Tom Umphrey. All three were given championship rings and Collins was presented a signed flag from the championship course.

### "Keep Looking Up!"

By Dr. Lee Albritton



Late fall offers us a real treat—a star cluster with seven bright stars that are easily visible with the unaided eye! The ancients referred to these stars as seven beautiful sisters and certain Native American tribes thought of them as seven young braves!

The official name of this star group is the Pleiades, and it is located in the constellation Taurus the bull. To locate these seven bright stars grouped close together simply look on the eastern horizon

after dark below the "great square" of Pegasus. Actually the cluster contains about three dozen stars and is absolutely beautiful with a pair of binoculars.

Star clusters come in two basic types depending on the number of stars—open and globular star clusters. The Pleiades is an open star cluster, for this type has anywhere from a few dozen stars to a few thousand.

Open star clusters have leftover gas—primarily hydrogen—from star formation between the stars. Gas clouds are collectively called Nebulae, and

## Seven Beautiful Sisters!

when one looks at the Pleiades with a telescope or binoculars it appears as a bluish glow around the seven bright stars. Globular star clusters on the other hand can have up to a few million stars and appear as a glob—hence the name—even when viewed through a large telescope.

Keep looking up during late fall and winter and find the "seven sisters" as they travel from

## FREE WANT ADS

The Courier has begun a free Classified Ads section. If you have any items or announcements you would like to share, including apartment rentals, personal items for sale, books for sale, etc., drop by the Courier office and drop off

the notice in the folder outside the door. The Courier office is located on the second floor of the West Wing in Room 2319, near the Victor Poole Learning Center. All notices must be 20 words or less.

### Chevrolet Corsica

1992 - V-6, automatic, air, dependable, \$2500. Call 339-4128.

NEC Digital Cellular Phone, Brand New, Basic Phone includes: desktop charger, AC adapter & rechargeable battery \$30, 556-5474.

### Toyota Tacoma

1998, 4X4, Ext. cab, \$18,000 obo. Call Josh at 364-8604.

### Parabody EX500

Multi-workout machine. Commercial grade, excellent condition. \$975. Call 343-2053.

## Future Issues

The Courier looks forward to 14 more issues this school year: two in November, February, March, and April. One each month is scheduled for December, January, May, June, July and August. Let us know what you would like to know about Shelton by calling the publisher at 391-2278 or the Courier editorial office at 391-2406. You may also visit the Courier On-line at [http://www.shelton.cc.al.us/~courier/courier\\_main.html](http://www.shelton.cc.al.us/~courier/courier_main.html)

### Shelton State Courier

Editor: Kim Eaton

Staff Writers: Members of the MCM 102—Introduction to Media Writing—class

Publisher: Dr. Jim Kenney

Business Manager: Christy Sparks

Production Assistant: Kathy Bostick

Circulation: Nick

The Shelton State Courier is a "campus newspaper" written and produced with the help of students.

Among other functions, it is intended as a vehicle for student expression and all students

are urged to participate with submissions of written and artistic material.

The college seeks to fulfill the statement for academic freedom in working with the students in the production of this paper:

"The college seeks to provide an atmosphere conducive to open and honest intellectual inquiry in any college forum which is appropriate for dialogue and student participation. The students should feel free to exercise the right to dissent within limits of decorum and good taste."

All publications are subject to review by the Publications Action Group, which has been delegated the responsibility to review all college publications for content and accuracy.

This newspaper is printed by  
**M&M Printing**  
in Aliceville, Ala. (800) 367-7891



**On-line cont'd from pg. 1**

II.

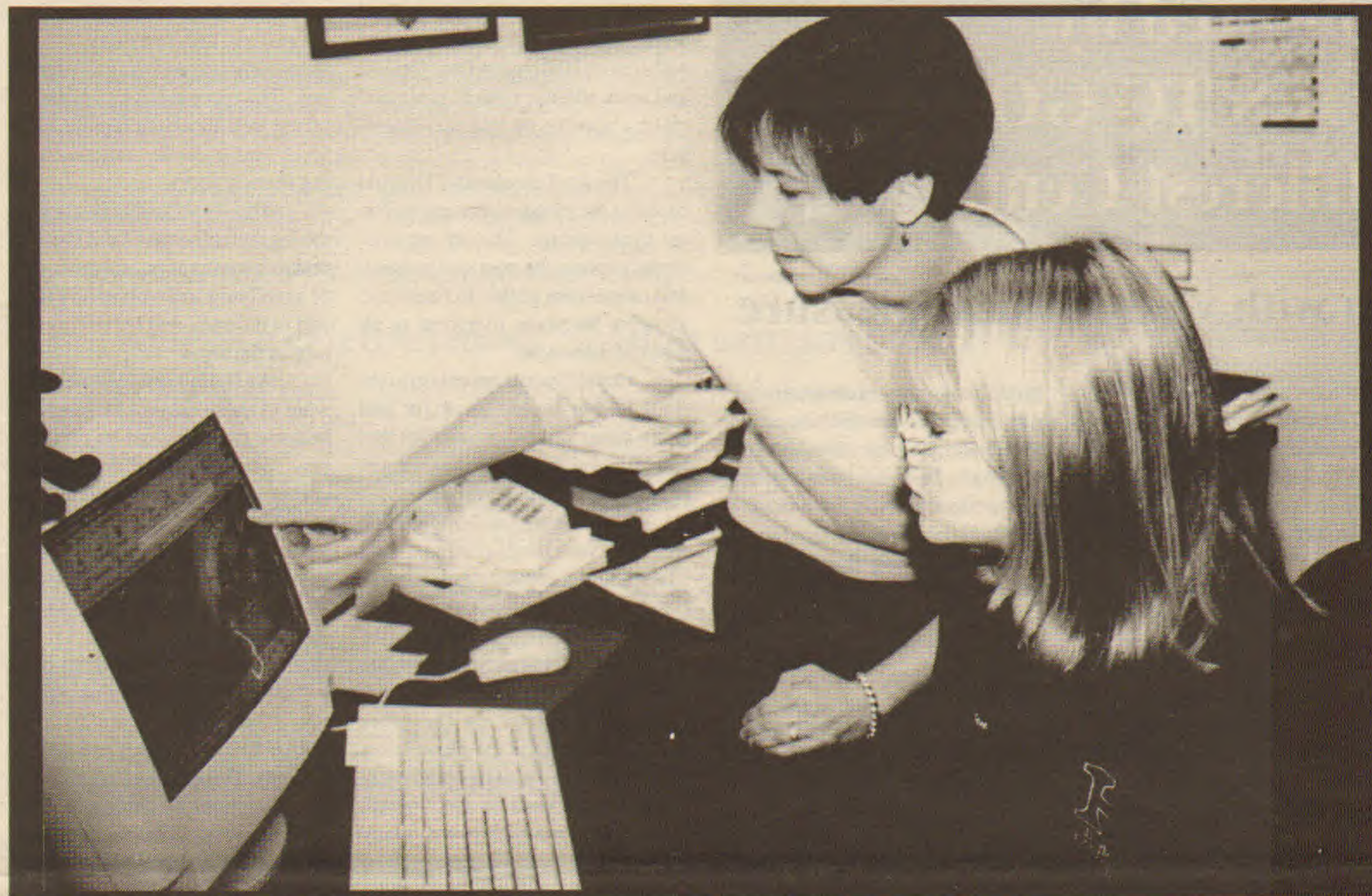
It is self paced, with tutorial

approximately five hours in class, not to mention the work out of class. Brenizer remarked, "This class is really good for students who work or don't have much time." She also

student Andy Parish said, "I think the on-line classes would be a great idea because students could use their notes when taking the on-line test."

Not in Brenizer's class! She

likes computers or just can't seem to find enough hours in the day, think about on-line classes. They could very well be the next wave of the future.



Shelton freshman Laura Lee of Tuscaloosa has a few things pointed out to her about the biology on-line class taught by Sara Brenizer

sites and interactive class discussions.

On the first day of class, the students are given the address of the site and a their own personal password. The home site contains lessons for each chapter that the students must learn and their reading assignments.

Ones student, Amy Voss said, "I think that the idea of on-line classes is a great idea, and I hope that more of these classes will be offered to students in the future."

Brenizer's class consist of two midterms, lab grades, and postings. Postings are questions that Brenizer posts with each lesson. The students are in turn, asked to give a response to the questions. These count for a big portion of the student's grade.

The text required is *Biology: Concepts and Connections*.

Links to other Internet sites pertaining to biology are also provided. Brenizer said that her students would need to spend between eight and ten hours studying on-line per week. If this were a traditional class, student would be spending

said that on the contrary to what students may think, the class is not a pushover, and students who take it must be very self motivated.

said that she is not a big fan of taking test on-line and her students will come to the campus to take exams.

Former students Jason and Jared Box stated, "We sure they wished that college had classes on-line when we were in school; it would have saved us time and been a great way to get familiar with the internet."

UA student Jason Skipworth felt the same way, saying, "Classes on-line would help out students on a tight schedule and also help them to become more computer literate."

The University of Alabama has approximately 15 on-line classes as of the present. Besides

the tuition, the only difference between Alabama and Shelton is that UA have a year to complete the course where Shelton allows a semester.

Brenizer said, "Shelton is thinking of possibly offering a reading and a health class on-line in the future." So if your someone who

*Headed up by biology instructor Sara Brenizer, this class is the first on-line course offered at Shelton. The course is designed for students who are self motivated and who have very busy schedules.*

To participate in the class, students must access to Netscape or Microsoft Internet Explorer. They must also have a modem or direct line, and an internet service provider. If the students don't have computers, they are available both on the Martin and Fredd campuses of Shelton. University of Alabama

**Courier Student Poll**

**80%** of Shelton students said they did not know Shelton now offers a biology course on-line

**71%** of Shelton students say they are interested in taking a class on-line.

Of the 29% of students saying they would not want to take a class on-line, the following percentages indicate why: **27%** fear the lack of personal contact they expect in such a class **7%** expressed a fear of technology in general **37%** indicated they didn't have a computer available to them

**29%** expressed other reasons ranging from they would soon graduate to no particular reason.

**54%** of Shelton students said they did not know if there is too much or not enough technology in higher education.

Pollster: Brooke Lin

**Essay cont'd from pg. 1**

Diner, A Novel Approach, La Fiesta, Sam Goody, World of Science, IHOP and Red Lobster.

"I have been talking in my classes how psychologically important I think the new millennium will be for everyone in the world," said Courier publisher Dr. Jim Kenny. "I think it's a fresh start. Within a few months after we start writing 2000 on our checks, I think we are all going to wake up one day and realize we have unlimited possibilities as a species. We don't need to blow ourselves up. We can reach for the stars!"

Eaton and Kenny emphasize, however, that it is not just positive visions they are looking for. "Somebody may have a scary view of the future that is still very thought-provoking. We want to read those too," said Eaton. "After all, in order to bring about the best future possible we need to think about the worst futures that are also possible."

All submissions that arrive by the Nov. 30 deadline will be reviewed by the *Courier* staff, in-

cluding Kenny, Eaton, Business Manager Christy Sparks and members of the Introduction to Media Writing class.

The top 10 voting-getting essays will be forwarded to a panel of three judges who will make the final selections. These three will be identified by the *Courier* staff in the near future.

Eaton and Kenny urge essayists to submit their essays carefully so that the winners will be selected through merit only. To ensure that, essays should not have the author's name on any manuscript sheets. The writer's name and essay title should be on a separate index card. Manuscripts should also be legibly typed for easy reading.

The winning essay will appear with appropriate graphics on its own page in the Dec. 11 issue of the *Courier*. The second and third place essays may also be printed in a future issue in either full or abbreviated form.

Appearing on some promotional material for the essay contest is Michel de Montaigne, the 16th century French writer who is credited with writing the first modern essays.



4

## The Entertainment Page

## Sponsored by MOVIES TO GO in the Hillcrest Center

### Group mixes *Pain* with your musical pleasure

By Jennifer Hardman and Kim Eaton

If you were at the Lyric Hall on Oct. 15 and saw the local music group *Pain*, you would no longer wonder how they came by their name.

*Pain*'s extremely high energy performance consists of a shuffling singer, Dan Lord, whose veins pop out of his head and neck with every sound that exits his mouth. While bass player, "Pose," and Elizabeth Milewicz, on keyboards, stares at the crowd in confusion, Mark Kramer, the silent but deadly drummer, sits in the back and beats on his set. The four remaining members of *Pain* include the long-haired guitarist, Adam Guthrie, and the three vital horns: trombone (Jason Reid), trumpet (Stuart McNair) and saxophone (Chris Johnson).

Now why does a rock'n'roll

band have a horn section you may ask? According to Pose, "The songs we wanted to do couldn't be done by a regular four-piece band . . . there are certain things that horns can do better than guitars."

So, where does a band like *Pain* come from? Lord and Pose, originally from Mobile, had already been playing together. After coming to Tuscaloosa, they hooked up with the other six members of this very unusual band and formed the group known as *Pain* in 1993.

In 1995, one year after their first show, *Pain* released *Goggins*. With their increasing popularity *Pain* continued to record and released *Midgets With Guns*, *Wonderful Beef* and their latest album, just recently released, *Full Speed Ahead*.

*Pain* has traveled all over the United States, playing mostly club scenes like the Lyric Hall. The

group's long-term goals are not definite, but as of now include writing music and playing. However, according to Pose, he doesn't believe the group *Pain* will be around in another 10 years or so. Lord agreed with *Pain*, stating that he "didn't want to be a 40-year-old rocker."

The show on Oct. 15 was anything but old and boring, proven by the crowd going crazy and some huge mosh pits happening throughout the evening. *Pain* also played songs from old albums and also a few from the newest *Full Speed Ahead*, released at the end of October. The songs themselves are extremely unusual. They are usually a "little idea that only we find funny and we end up developing it way

*Pain* cont'd  
on pg. 5

### *Dracula* offers terror and delight

By Jessica Smith

As Halloween approaches, *Dracula* screams into its second week. With four shows left, the last on being on Halloween Day, the cast and crew still has time to scare and taunt a number of audience members.

Theatre Tuscaloosa's *Dracula* captures the essence of many different time periods. The set and costumes capture the past and present, and range from gothic to futuristic, allowing the show to appeal to all types of audiences.

Count *Dracula* appears in luxurious leather capes, black fur and shiny silver spikes, giving him that fearful and mysteriously strange, yet prestigious and powerful, look.

The costumes in the play alone will have your heads turning. With silver being a common color in every character's costume, from silver suits to silver chains and a silver doctor's coat, it is easy to grasp the futuristic aspect of the play.

My character on the other hand, I portray *Dracula*'s love interest in the show, is seen completely draped, from head to toe, in red. With a sheer red nightgown, a lacy red corset, a long red robe, and of course the red slippers, no wonder

that blood-sucking *Dracula* keeps coming after her; she has great clothes.

The show's magnificent set magnifies the intensity of the show's alluring and attractive qualities. The set consists of a platform raised well above the regular stage level, and gigantic, antique-looking French doors.

The show's effects, such as the fog that rolls in as Count *Dracula* makes his entrances, and the sound of bats flying and wolves howling, add to the eerie and horrifying nature of the show.

As Halloween rolls near beware of those dressed as vampires because they may not be pretending. "The strength of the vampire is that people will not believe in him." Have a happy and safe Halloween!

Remaining performances for Theatre Tuscaloosa's *Dracula* are scheduled for Oct. 28 - Oct. 31. All performances begin at 7:30 p.m. with Sunday's show beginning at 2 p.m. Ticket prices are \$15 for adults, \$12 for seniors and \$8 for students. Tickets may be purchased over the phone by calling the box office at 391-2277 or in person at the box office from 10 a.m. to 5 p.m.



*Pain* proved good for what ailed the crowd at the Lyric Hall on Oct. 15. Members are (Front) Adam Guthrie (L-R) Mark Kramer, Elizabeth Milewicz, "Pose," Jason Reid, Dan Lord, Chris Johnson and Stuart McNair

**FREE  
Movie**

Rent 1  
movie, get  
the 2nd  
FREE

MOVIES TO GO

w/ coupon  
Expires 11/15/99  
1 Coupon per day  
Not valid on adult  
selections

**3 MOVIES  
3 DAYS  
3 DOLLARS**

Rent any 3  
classic movies,  
keep them 3  
nights for only  
\$3

MOVIES TO GO

w/ coupon  
Expires 11/15/99  
1 Coupon per day  
Not valid on adult  
selections

**ANY MOVIE  
HALF PRICE  
AFTER 8 P.M.  
MONDAY-  
THURSDAY**

MOVIES TO GO

w/ coupon  
Expires 11/15/99  
1 Coupon per day  
Not valid on adult  
selections

**ANY MOVIE  
HALF PRICE  
ON  
WEDNESDAY**

MOVIES TO GO

w/ coupon  
Expires 11/15/99  
1 Coupon per day  
Not valid on adult  
selections

**Movies To Go: Hillcrest Center (Next to  
Jerry's Cleaners) 345-8323 • University  
Strip (Above Subway) 758-8934 •  
Delchamps Plaza North 752-2072 • Leland  
Shopping Center 556-8323**

### Martin Eye Care

**10% Discount for  
Shelton State Students & Employees  
(Materials only)**

**Comprehensive Eye Exams**

**Contact Lenses (Color and Clear)**

**Designer Frames**

**Tommy Hilfiger • Polo • Gucci • Eddie Bauer**

Monday-Friday, 8:30 a.m. to 5 p.m.  
Saturday & Evenings by  
appointment

**Hwy. 69 South  
344-5111**



## Shelton State finalizes Homecoming plans

Activities scheduled for Shelton State's Homecoming 1999, November 1-7, have been announced by the college.

On Nov. 1, the 1999 Homecoming Court will be introduced. The following day, all retirees of the college along with members of the faculty and staff are invited to a luncheon which will be held in the food court area of the college. The luncheon will be followed by a Bach to Rock concert at 1 p.m. in the atrium.

At 1 p.m. on Nov. 3, a pep

rally will be held outside the atrium. Food and drinks will be for sale.

A number of events are planned for Thursday, Nov. 4. Fitness classes from Shelton Wellness Center will hold exercise demonstrations in the atrium during the day. Also on Thursday, the men's and women's basketball teams will play Gadsden State beginning at 5 p.m. in the gymnasium. The 1999 Homecoming Queen and her court will be introduced at halftime of the men's game. The Shelton State Alumni Association

will sell hamburgers, hotdogs, and soft drinks during the evening. Following the game, the college will light its traditional bonfire, and the Homecoming dance will complete the events of the day.

On Nov. 6 and 7, the Shelton Singers will hold their 20th anniversary reunion and concert. The reunion will be from 9 a.m. - noon on Saturday, and the concert will be at 2 p.m. in the recital hall on Sunday. For information on the Singers reunion, call Glinda Blackshear, 391-2344.

## One America celebrated on Shelton campus Oct. 25-29

The United States Department of Education recently announced the creation of the President's Initiative for One America, "an effort to help build one America in the 21st century - a nation of people who respect diversity and embrace the values which unite them." Shelton State Community College's efforts will be focused on issues of diversity and shared values during the week of Oct. 25-28, and will be entitled, "One America Week." Shelton State has planned several activities

during this week, helping the college's faculty and student body learn more about the diverse cultures that bring people together. All events are free and open to the public. Events scheduled for this week include:

Oct. 25-29: One America Teach-in. Shelton faculty will hold classroom discussions, assignments or exercises during this week on the many issues of racial and cultural diversity and shared values.

Oct. 25 - Nov. 24: Exhibit in the National Bank of Commerce

Art Gallery, Shelton State Martin Campus. Chinese artist Jai Ruan exhibits abstracts and nonobjective works.

On Oct. 26, there was a piano recital given by Nicky Wilson, a University of Alabama student. Her program was entitled "The Culture of the Classics."

On Oct. 27 Dr. Charles Nuckolls, director of Blount Undergraduate Initiative at the University of Alabama, was a guest speaker for the program "One America - The Values We Share."

*Are you the Ms. of the Millennium?*

### 2000 Miss Shelton State Pageant

Any young lady interested in earning possible scholarship money should enter the 2000 Miss Shelton State contest to be held Jan. 15, 2000.

Contact Lisa Matherson in the Financial Aid Office or by phone at 391-3903 for more information.

### Pain cont'd from pg. 4

beyond what it should be... and just hope people like it," states Lord. This concept is very evident with lyrics like "Tony's got a botfly in his forehead. Jenny's got a guinea worm in her shoe... Everybody's got a parasite—I've got you" from the song "Antidote."

Other songs played include "In a Band" (describing the desire to be in a band despite protests and misunderstanding from different people), "Suckerpunch" ("dedicated to all of those who perceive a distinct correlation between themselves and Rocky

Balboa"), "The Bottlerocket War," "Square Pegs" and "Fight" (explaining how all people get a smile on their face when they see a good fist fight).

Another unique feature Pain brings to their show is Balzac, an underwear-clad gent who lights his crotch on fire, an event you will not forget anytime soon.

The entire show, including Balzac, the wild and crazy dancing on stage, the mosh pits among the crowd and the tremendous applause Pain received after their closing song, made this night a very fun and unusual experience. If you ever get a chance to see Pain, we would seriously recommend it. This group goes beyond your wildest imagination.

### Shelton receives two National Science Foundation grants

Shelton State Community College has been selected to receive two National Science Foundation Grants, according to Shelton president Tom Umphrey. The first project is a partnership between Tulsa University, Auburn University, the University of Alabama and Shelton State. This joint venture will conduct research on electro mechanical systems and will form a basis for the future development of a research center.

The second NSF project includes a new computer lab for the college's Science Division, specifically, its physics program.

"The Electro Mechanical Systems Laboratory (EMSyL) grant represents many resources, both human and capital, from the three universities, Shelton State, various industrial partners, and federal laboratories and agencies," commented Shelton President Tom Umphrey. These shared resources offer a unique opportunity to tackle the complex issues and problems associated with the perforation of electro mechanical motion control mechanisms in industry.

Examples of electro mechanical systems include electro-mechanical actuators for applications like industrial robots, valve position controllers, thrust vector control systems, and ultra-high precision actuators.



*Dry Cleaning • Laundry • Alterations & Repairs*

**Taylorville Corners: 759-9004**

—also—

**1440 Queen City Avenue: 752-8690**

**Same Day Service on Dry Cleaning and Laundry**

*Also Opening Huntington Market Place  
Hwy. 43 North*



**SPREAD OUT AT THE YMCA!**

**2 FOR 1 SPECIAL**

**YOU AND A FRIEND CAN SIGN UP NOW  
AND PAY ONE LOW JOINING FEE!**



**Come by today or call the YMCA  
at 345-9622 for details**





# Sports

—The Buccaneers are Here to Play—

## Soccer cont'd from pg. 1

tors for not performing up to their potential. According to Kelly Moore, second year veteran, long bus rides, criticism from other players and difficult competition got in the way of playing their best.

Shelton State is the only junior college in the state of Alabama with a women soccer team; therefore, all of the away games were out of state in Georgia, Mississippi, and Tennessee. Some bus rides were as long as six hours one way leading to lethargy and little warm-up time for a game.

Another factor for not performing to potential was criticism from other players. Sometimes there was yelling and screaming from players on opposite teams and players on the same team. "Women are more emotional as athletes.

They carry what happens on the field off the field. This happens in every aspect of the game from who yelled at who, to the goals that were scored," says Coach Barnes.

The competition that the team faced ranged from state champion teams to beginning teams, like Shelton.

For a team that has gone through such growing pains, how did they win any games?

According to Jennifer Franchiseur, a forward on the team, there were some excellent strategic moves made by Barnes. "Coach decided to put the speed and skill towards the front."

The speed and skill referred to is Jennifer Franchiseur, Lauren Moore, and Princess Norwood, who is a former basketball player and a first time soccer player. She also scored four points in one game.

"For some reason the team gained more confidence when I played, but don't know why," Norwood said. She goes on the say that she wanted to try soccer but is

was not what she expected. "More team effort and dedication was needed," Norwood commented.

Faith Williams, captain and second year veteran, said the team has a lot of individual talent, but they just needed to combine talent and work as a team. She also said that there is leadership potential for next year. "We worked hard, but our main concern was to not forget to have fun. As the program progresses, the team will get better.

Will there be a soccer program next year?

Rumors are flying that the soccer program is in jeopardy of dismissal. Coach Barnes was asked how she felt about the rumor possibly being true, she said, "This is the first I've heard about it and it would be a shame to pull it after a couple of seasons. We have a chance to be a really great team now that the girls can learn from mistakes and correct them."

On the bus ride home after the last game—and the worst loss of the season, Coach Barnes talked

philosophically about sports in general and women's athletics specifically.

"Women in athletics differ a great deal from men," Barnes said. "It is nearly impossible to coach men like women. Typically, men enjoy the simple thrill of competition. The team concept is present, but it is still a very individual effort. In addition, motivating a male athlete is very different than motivating the female. A coach can berate, yell, insult, and cuss and the male will usually respond by performing better. Women are very different. You must motivate through extensive use of positive reinforcement. This doesn't mean that you tell them only what they've done well, but you can't cuss at them either.

"Typically, you'll find women are more critical themselves than males, so the need for berating is not there. Women are also much more emotional as athletes. They carry what happens on the field, off the field—and this happens in every aspect of the game, from who yelled

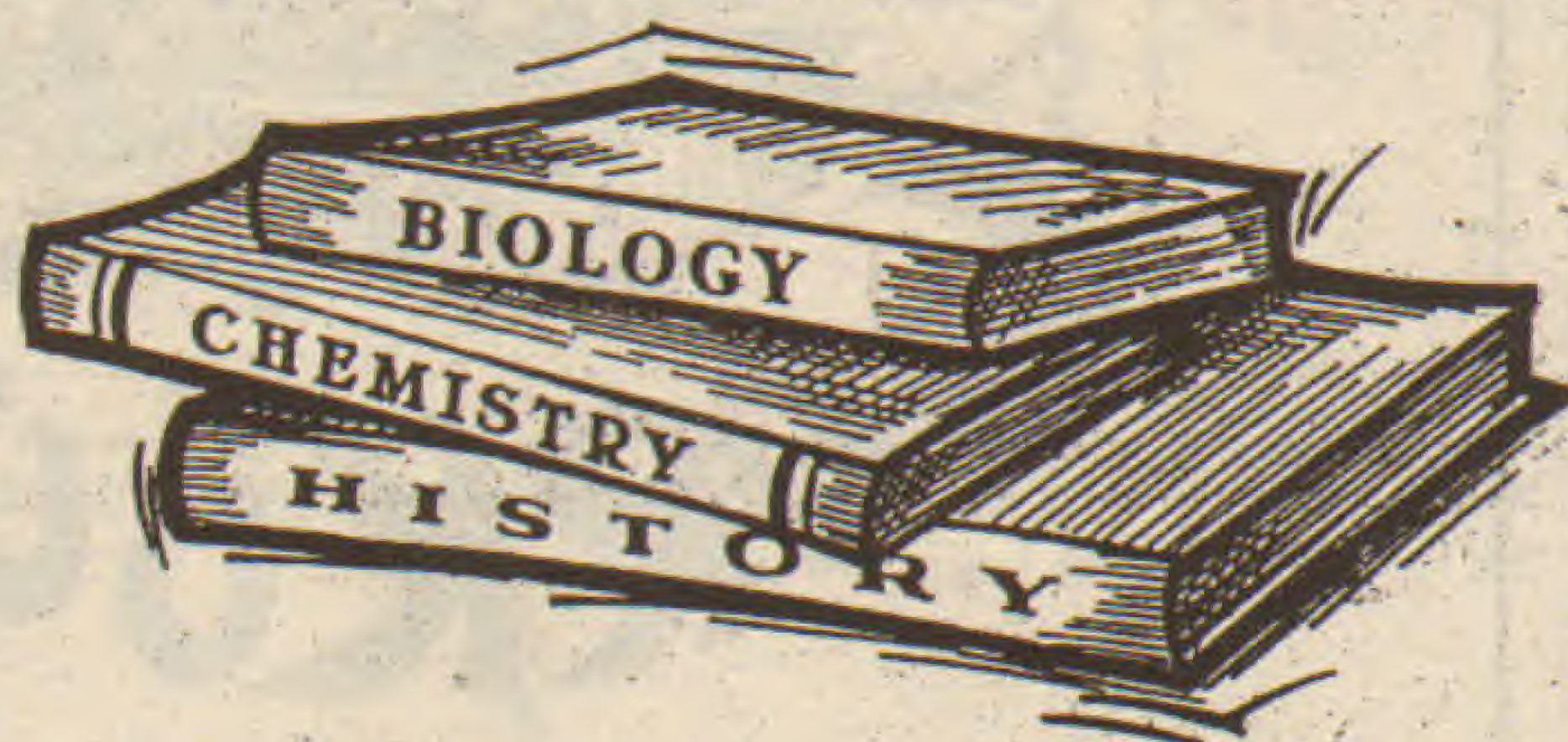
at who to the goals being scored. For the most part, men shake hands after the game and go on.

"In the men's game, the player-coach relationship can be just that: a player and a coach. In women's athletics, the player-coach needs to be a bit more. You don't need to be friends, but you need to be someone that they feel they can come to. You'll find in the women's game, that female athletes look to their coaches for a great deal of guidance in many areas not related to the game.

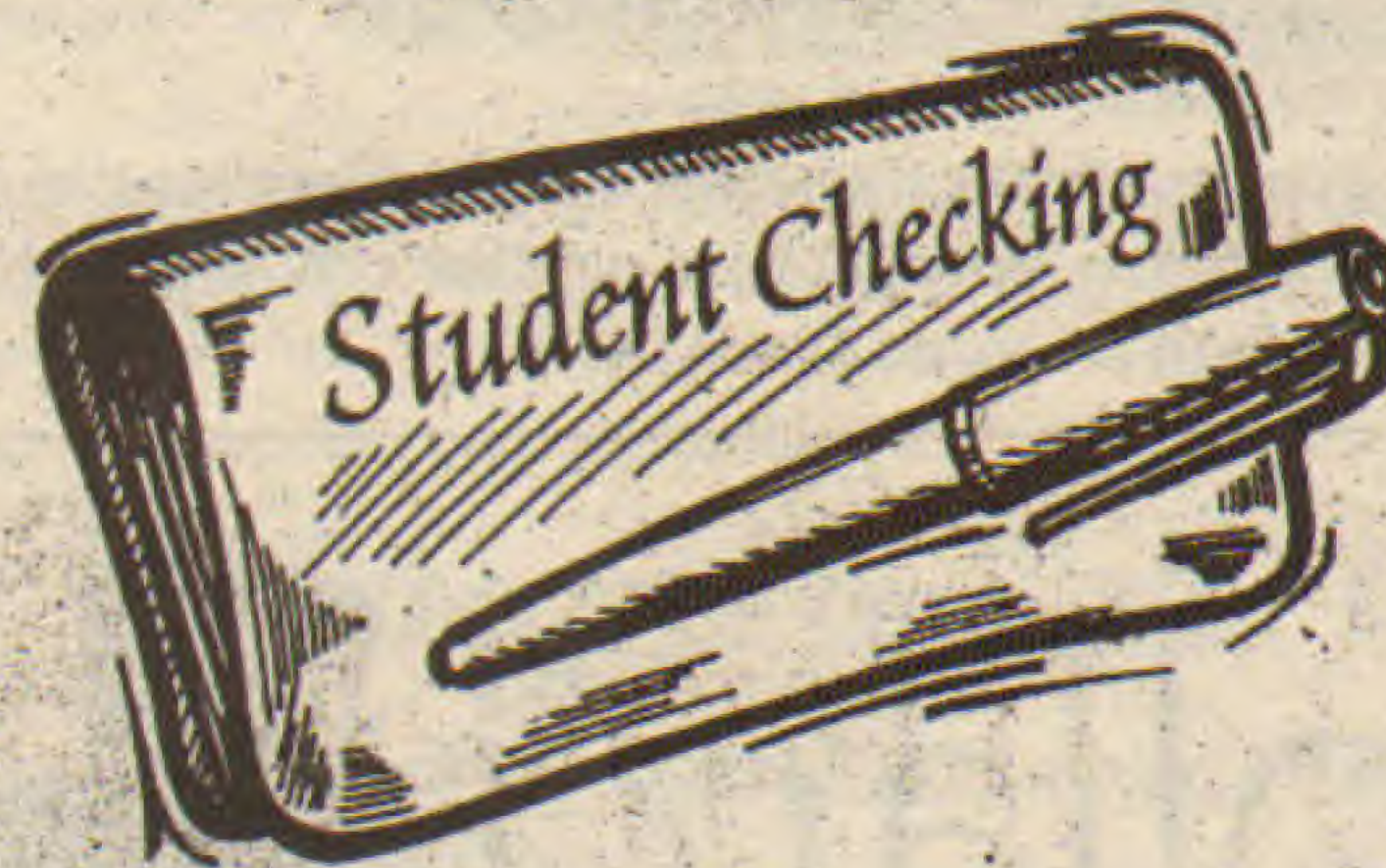
"But as far as being competitive, has anyone ever seen a women's national championship game? Anyone who thinks that women aren't competitors or aren't as competitive as men are ignorant. Sure, the game is viewed in a somewhat different context, but the desire to win, to be respected to compete is still there.

"As far as being competitive here at Shelton, well, that's an entirely different article altogether!"

## Not Free.



## Free.



### Free Student Checking from NBC.

You won't get any free rides in college, except this one. Free student checking from NBC. There's no monthly service charge, your first order of checks are free, unlimited check writing and ATM card with no fees at NBC machines. It's free and easy. In fact, the only hard part is getting Mom and Dad to give you more money to put into the account. Stop by any location and sign up today.





# What's happenin' with clubs at Shelton State this year?

## Student Government Association



Homecoming is the week of Nov. 1 - 4 with something exciting planned for every week. At 1 p.m. on Nov. 3 there will be a pep rally in the commons behind the atrium. There will be a radio station remote, activities and food. The pep rally will include an SGA sponsored Homecoming program, consisting of skits, dances or performances put on by various organizations in Shelton.

A second attempt at increasing school spirit for Homecoming is through SGA-sponsored "Spirit Week." The days will be as follows:

- Nov. 1 - 70s Day
- Nov. 2 - Camouflage Day
- Nov. 3 - Tacky Clothes Day
- Nov. 4 - Green and White Day

Don't forget the dance scheduled from 9 - 11 p.m. following the game. Louie Linguini of 94.1 FM will be acting as DJ. The dance will be accompanied with a bonfire located in the area behind the gym. A large attendance is crucial if we want to make this event a tradition for Shelton, so make plans to attend.

Congratulations to Tony Humphries for being voted as the new 1999-2000 SGA vice-president.



At 6:15 p.m. on Oct. 28, Circle K members will meet at Rite Aid in Alberta City where they will then go to DCH for a night of trick-or-treating in the children's ward. Immediately following will be a Halloween party complete with games and pizza.

The Book Drive is still going on in the library, and will be through the month of November. If you haven't dropped off any books, please do so. You can buy them at the Dollar Tree or you can donate used books. They will be taken to Brewer's Porch, a home for disturbed and abused children. If you have any questions you can contact Dr. Grimes, in the library, or Fran Turner, reading instructor.



Phi Theta Kappa will be holding their annual High School Leadership Day on Nov. 16. Two juniors from different high schools will be attending this event. These students will participate in leadership activities, group sessions and joint meetings.

Club unity meetings will be held the second Wednesday of every month at 1 p.m. in Room 1412. The October meeting covered various activities and ideas planned for the next few weeks.

Phi Theta Kappa is working closely with the Salvation Army and the annual Christmas Stocking stuffers. PTK is asking each organization to sponsor however many stockings they feel their club can provide. Stockings need to be turned in to Nicole Green or a PTK advisor by Dec. 1.

## Baptist Campus Ministries



BCM will have their State Student Convention on November 5-7, 1999.

At 6 p.m. on Oct. 29, members of BCM will meet at Ci Ci's Pizza. After an appetizing meal, students will then travel to Trail of Terrors and then finish up the evening with a game of bowling. Make plans to attend. It will be a blast!

## Club Unity Meetings

anniversary.

On Nov. 10, at the next club unity meeting, Dawn Bryant, from the University of Alabama, will be speaking about scholarships. This event plans to be very informative and everyone should make plans to attend. Everyone is invited.

**Any other clubs wishing their news in the paper should contact the Courier at 2406.**

## Shelton part of innovative welfare to work program

A new cooperative program between various schools and organizations recently received \$420,000 in funding from Alabama Department of Economic and Community Affairs. The project, "Work First A Welfare to Work Program," began in October, and 40 participants were to be selected for the program.

The purpose of the "Work First" program, which will serve people in Tuscaloosa and Greene County, is to help long-term welfare recipients achieve family and economic self sufficiency. People selected for the program will receive supportive services of agencies involved including transportation, child care, drug counseling, violence prevention, job and career training.

Community Service Programs of West Alabama Inc. and Shelton State Community College serve as the major partners with each contributing over \$50,000 to the project. Other supporting partners providing time and direction include Indian Rivers Mental Health Center, Tuscaloosa County Schools Adult Education Program, Tuscaloosa Assessment Center, the University of Alabama Child Care Program, the Department of Human Resources, and JTPA.

Each Temporary Assistance for Needy Families (TANF) recipient will be assigned a caseworker who will follow their client throughout the project. Individuals accepted for the program will receive an assessment through JPTA. Supportive services

such as drug and alcohol counseling, financial and management skills along with work-readiness skills will be taught. During this three-month period, recipients will be working in jobs paying minimum (or slightly above) wages while going to school for job training.

In January these 40 people will enter one of Shelton's technical programs which will be offered as eight-week short courses. After successfully completing the training program, the students will be guided into a career utilizing the technical skills of that area of training.

Success will depend on the willingness and support services of the partnership. The "Work First" program will provide transportation and child-care for all participants. Technical courses

available to the participants include truck driving, heavy equipment, diesel, automotive technology, office technology, lawn and turf management and building trades—including carpentry, plumbing, masonry. With the new emphasis on child-care, Shelton will offer small business classes for child workers and courses in child-care management and training for child-care aides.

"Shelton State is excited about entering into this partnership with Community Service Programs of West Alabama and the other agencies and institutions. We see this as a valued partnership because trust was a key element. This \$420,000 partnership grant will help us better serve the people of Tuscaloosa and

Greene counties who need the Temporary Assistance for Needy Families (TANF) program," said Shelton President Tom Umphrey.

Students entering one of the short course programs will need a GED or high school diploma, and will be awarded continuing education credits upon completion of the Community Services will administer the funds for the Work First project. Some segments of the program will be at Community Service Programs of West Alabama, and the classes will be held at Shelton's Fredd or Martin campuses.

For additional information on the program, call Shelton State, 391-2465, or Community Services, 752-6371.



# Palisades Apartment Homes

Great Leasing Specials

Sign up now to receive leasing deals on

1 & 2 Bedrooms

1 & 2 Townhomes

Featuring: Monitored Security System

Gas Log Fireplace

Exercise Room—and more!

Call 554-1977

3201 Hargrove Road

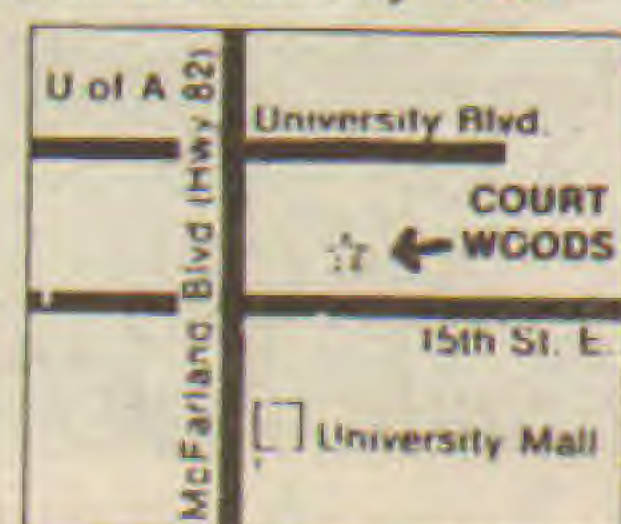


## COURT WOODS

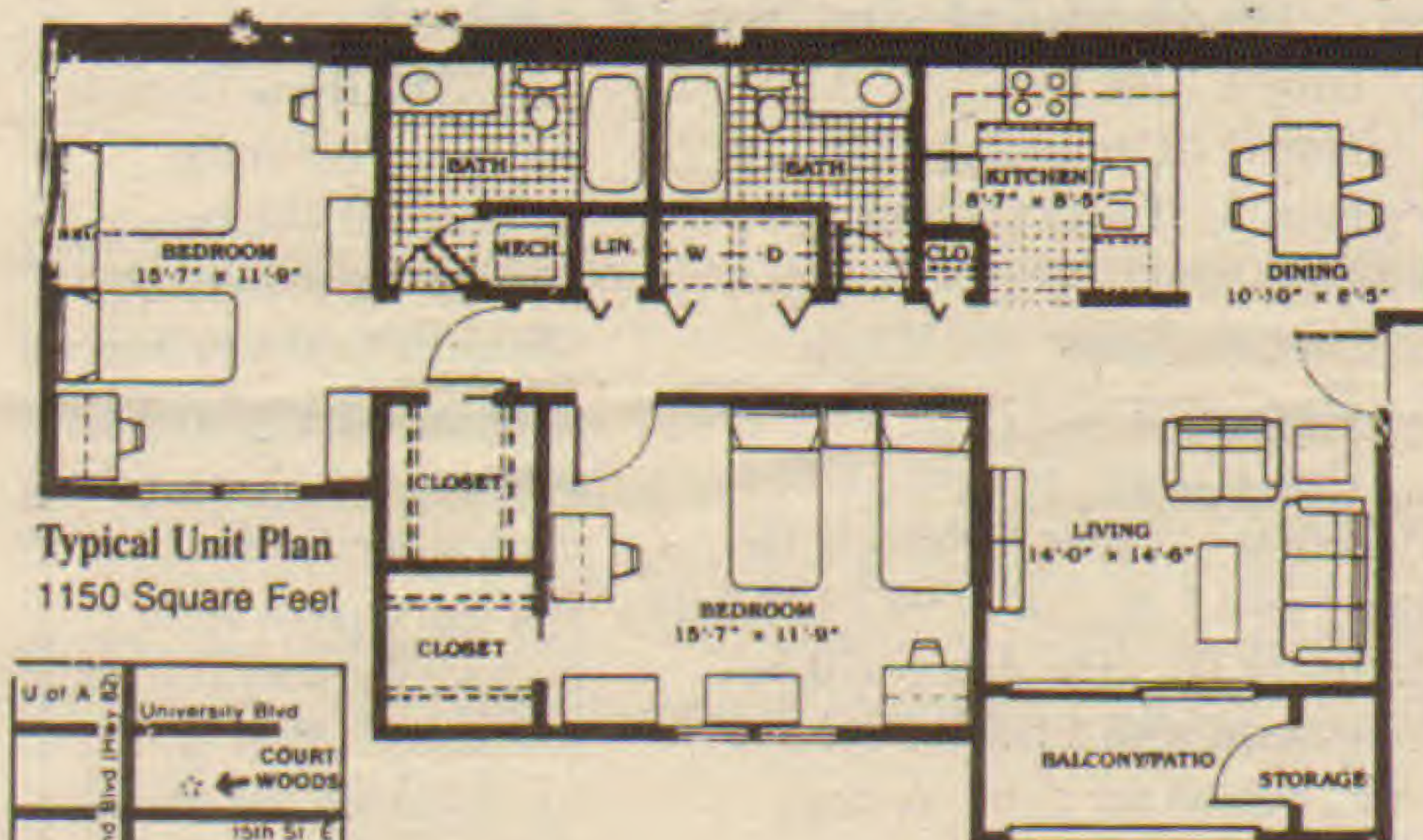
APARTMENTS

Great For Roommates!

Oversized bedrooms  
Two full baths  
Pool w/ large sun deck  
Near University Mall



Convenient to Everything!  
**COURT WOODS APARTMENTS**  
1600 15th Street East • Tuscaloosa, AL 35403  
(205) 556-6200



Typical Unit Plan  
1150 Square Feet

**COURT WOODS**

(205) 556-6200 • 1600 15th Street • Tuscaloosa, Alabama 35404

## DELVIEW

We specialize in STUDENTS  
Complexes, Townhouses, One to Six Bedroom Houses

APARTMENTS

Alabama

Ashbury • Alford

Camelot • Claymont

Courtwoods • Merrimac Arms

Palisades • Patio

Pine Meadow • Rivercliff

Tavern House • Waterbank

DELVIEW Properties, LLC

711 17th Street

Tuscaloosa, AL 35401

345-4600



## Claymont Apartments

Efficiency...\$225 per mo.

One Bedroom...\$295-310 per mo.

Two Bedroom...\$385

Great Neighborhood

Newly Redecorated

Close to Shopping Center

On Bus Line

2602 Claybrook Drive

556-5941